

Prayer for the Family

Pope John Paul II

Lord God, from you every family in Heaven and on earth takes its name. Father, you are love and life. Through your Son, Jesus Christ, born of woman, and through the Holy Spirit, fountain of Divine Charity, grant that each family on earth may become for each successive generation a true shrine of life and love.

Grant that your grace may guide the thoughts and actions of husbands and wives for the good of their families and of all the families in the world.

Grant that the young may find in the family solid support for their human dignity and for their growth in truth and love.

Grant that love, strengthened by the grace of the sacrament of marriage, may prove mightier than all the weaknesses and trials through which our families sometimes pass.

Grant that all the families may be faithful to their day-to-day duties, to bear the cares and tribulations of life, to be open and generous to the needs of others, and fulfill with joy the plan of God in their regard.

Through the intercession of the Holy Family of Nazareth, grant that the Church may fruitfully carry out her worldwide mission in the family and through the family. May each family really become a "little Church" in which the mystery of the Church of Christ is mirrored and given new life.

Grant that every family may generously make its own contribution to the coming of His Kingdom in the world -- a kingdom of truth and life; a kingdom of holiness and grace, a kingdom of justice, love and peace, Through Christ our Lord who is the Way, the Truth and the Life for ever and ever."

Amen

Joannes Paulus PP.II

November 22, 1981

-- from [*Familiaris Consortio*](#),

Apostolic Exhortation on the

Role of the Christian Family in the Modern World