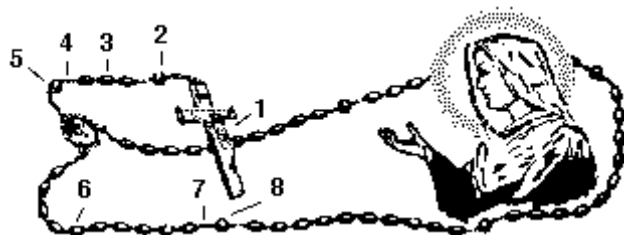


# THE HOLY ROSARY



1. Make the **Sign of the Cross** and say the "[Apostles' Creed.](#)"
2. Say the "[Our Father.](#)"
3. Say three "[Hail Marys.](#)"
4. Say the "[Glory be to the Father.](#)"
5. Announce the First Mystery; then say the "[Our Father.](#)"
6. Say ten "[Hail Marys.](#)" while meditating on the Mystery.
7. Say the "[Glory be to the Father.](#)"
8. Announce the Second Mystery; then say the "[Our Father.](#)" Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.

## The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead; on the third day He arose again from the dead. He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. **I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.**

## Our Father

Our father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. **Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.**

## Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

## Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit. **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

### After the Rosary:

**HAIL, HOLY QUEEN**, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

**After each decade** say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy."

As suggested by the Holy Father the **Joyful** mysteries are said on Monday and Saturday, the **Luminous** on Thursday, the **Sorrowful** on Tuesday and Friday, and the **Glorious** on Wednesday and Sunday (with this exception: Sundays of Christmas season - The Joyful; Sundays of Lent - Sorrowful)



### The First Joyful Mystery **THE ANNUNCIATION**

Then the angel said to her, "Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive and bear a son, and you shall name him Jesus." (Luke 1:26-38)

Spiritual Fruit: **Humility**



The Second Joyful Mystery  
**THE VISITATION**

When Elizabeth heard Mary's greeting, the child leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out, "Blessed are you among women, and blessed is the fruit of your womb." (Luke 1:39-45)

Spiritual Fruit: **Love of Neighbor**



The Third Joyful Mystery  
**THE NATIVITY**

The time came for her to have a child, and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn. (Luke 2:1-7)

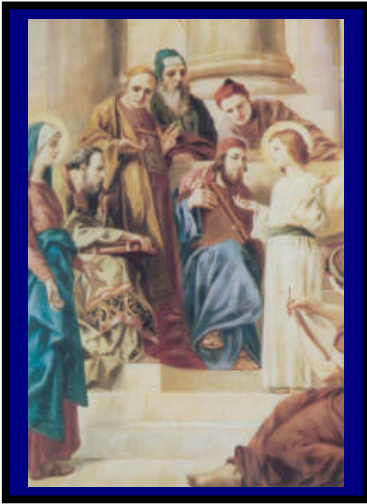
Spiritual Fruit: **Poverty of Spirit**



The Fourth Joyful Mystery  
**THE PRESENTATION**

Simeon took the child in his arms and said, "Now, Master, you may let your servant go in peace, according to your word; for my eyes have seen your salvation, which you have prepared in the sight of all the peoples." (Luke 2:22-38)

Spiritual Fruit: **Purity of mind and body**



The Fifth Joyful Mystery  
**THE FINDING OF JESUS IN THE TEMPLE**

When his parents saw him, they were astonished. And he said to them, “Why were you looking for me? Did you not know that I must be in my Father’s house?” (Luke 2:41-51)

Spiritual Fruit: **Obedience**



The First Luminous Mystery  
**THE BAPTISM OF THE LORD**

After Jesus also had been baptized and was praying, heaven was opened and the Holy Spirit descended on him in the form of a dove. And a voice came from heaven. “You are my beloved son; with whom I am well pleased.” (Mathew 3:13-17)

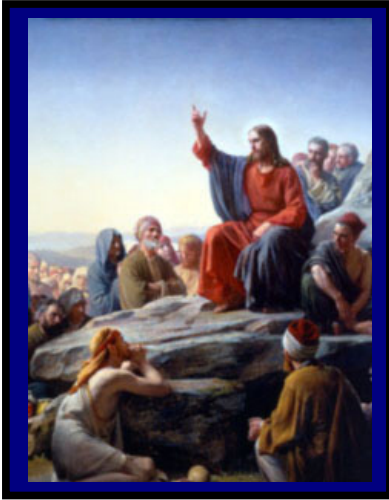
Spiritual Fruit: **Gratitude for the gift of Faith**



The Second Luminous Mystery  
**THE WEDDING OF CANA**

When the wine ran short, the mother of Jesus said to him, “They have no wine.” Jesus did this first of his signs in Cana of Galilee and so revealed his glory, and his disciples began to believe in him. (John 2:1-12)

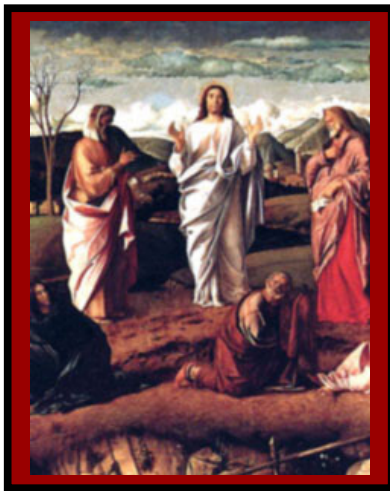
Spiritual Fruit: **Fidelity**



The Third Luminous Mystery  
**THE PROCLAMATION OF THE KINGDOM**

Then he summoned his twelve disciples and gave them authority over unclean spirits to drive them out and to cure every illness and every disease. Jesus sent them out to make this proclamation, “The kingdom of heaven is at hand.” (Matthew 10:1-15)

Spiritual Fruit: **Desire for Holiness**



The Fourth Luminous Mystery  
**THE TRANSFIGURATION**

Jesus took Peter, James and John and led them up on a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. (Matthew 17:1-8)

Spiritual Fruit: **Spiritual Courage**



The Fifth Luminous Mystery  
**THE INSTITUTION OF THE EUCHARIST**

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, “Take and eat. This is my body.” Then he took a cup, gave thanks, and gave it to them, saying, “This is my blood.” (Matthew 26:26-29)

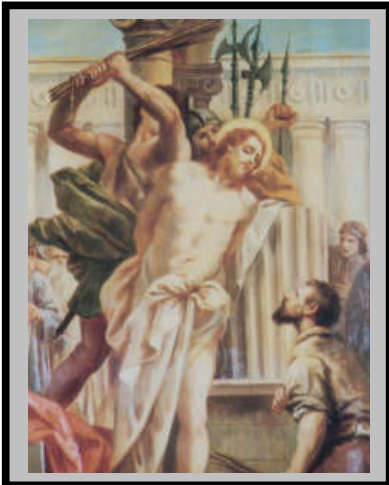
Spiritual Fruit: **Love of our Eucharistic Lord**



The First Sorrowful Mystery  
**THE AGONY IN THE GARDEN**

Then he said to them, “My soul is sorrowful even unto death. Remain here and keep watch with me. My father, if it is possible, let this cup pass from me; yet, not as I will, but as you will.” (Matthew 26:36-46)

Spiritual Fruit: **God's Will be done**



The Second Sorrowful Mystery  
**THE SCOURGING AT THE PILLAR**

Then Pilate took Jesus and had him scourged. (John 19:1)

Spiritual Fruit: **Mortification of the senses**



The Third Sorrowful Mystery  
**THE CROWNING WITH THORNS**

Weaving a crown out of thorns, they placed it on his head, and a reed in his right hand. And kneeling before him, they mocked him, saying “Hail, King of the Jews!” (Matthew 27:27-31)

Spiritual Fruit: **Reign of Christ in our heart**



The Fourth Sorrowful Mystery  
**THE CARRYING OF THE CROSS**

So Pilate, wishing to satisfy the crowd, released Barabbas to them and handed Jesus over to be crucified. (Mark 15:6-15)

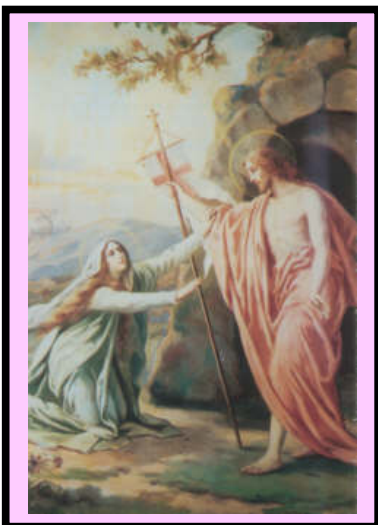
Spiritual Fruit: **Patient bearing of trials**



The Fifth Sorrowful Mystery  
**THE CRUCIFIXION**

Jesus cried out in a loud voice, “Father, into your hands I commend my spirit”; and when he had said this he breathed his last. (Luke 23:44-47)

Spiritual Fruit: **Pardoning of Injuries**



The First Glorious Mystery  
**THE RESURRECTION**

Then the angel said to the women, “Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said.” (Matthew 28:1-10)

Spiritual Fruit: **Faith**



The Second Glorious Mystery  
**THE ASCENSION**

When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. (Acts 1:6-12)

Spiritual Fruit: **Christian Hope**



The Third Glorious Mystery  
**THE DESCENT OF THE HOLY SPIRIT**

Suddenly there came from the sky a noise like a strong wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each of them. (Acts 2:1-6)

Spiritual Fruit: **Gifts of the Holy Spirit**



The Fourth Glorious Mystery  
**THE ASSUMPTION**

May you be blessed, my daughter, by God most high, beyond all women on earth; and may the Lord God be blessed, the creator of heaven and earth. (Judith 13:18)

Spiritual Fruit: **To Jesus through Mary**



The Fifth Glorious Mystery  
**THE CORONATION**

A great sign appeared in the heavens, a woman clothed with the sun, with the moon under her feet and on her head a crown of twelve stars.  
(Revelation 12:1)

Spiritual Fruit: **Grace of Final Perseverance**

